



AS ABOVE

SO BELOW

IN BETWEEN

An exhibition by **PAUL TAKAHASHI**
 CONCEIVED WITH LOVE - CURATED BY COMMON SENSE

**EXHIBITION
 LABORATORY**

**PROJECT
 ROOM**

**KUVATAIDE-
 AKADEMIA**
 X TAIDEYLIOPISTO

12/06/2015—28/06/2015

Exhibition Laboratory Project Room
 Lönnrotinkatu 35
 Avoimna ti-su 11-18

As Above, So Below, In Between
Solo exhibition in Project Room
12-28th of June, 2015

Master's Degree, first part of the thesis project

Exhibition Documentation

Opening on the 11th of June, 2015.

Closing celebration on the 28th of June, 2015.

The celebration included music and dance performances by Aju the Arch-Idiot, Aura Shining Green and Lihaa Tilassa.

A complete visual report of the performances can be found on my blog:

<https://paultakahashiart.wordpress.com/2015/08/02/exhibition-closure-26-06-2015-lihaa-tilassa-aura-shining-green-aju-the-arch-idiot/>

Index

1. Exhibition poster
2. General information and index.
3. Original exhibition text, available in the gallery (*type changed from Tahoma to Calibri for consistency*).
- 4-19. Photographic documentation.

Appendix (4 pages): work catalogue, available in the gallery.

AS ABOVE, SO BELOW, IN BETWEEN

Project Room, 12/06/2015 – 28/06/2015

PAUL TAKAHASHI

This exhibition is about providing visual support for philosophical questions related to corporeality. This timeless enigma has been the object of inquiry in very different eras and cultures. Many thinkers have advocated contemplation of one's corporeality; for example, the Stoics suggested that the body is merely a corpse momentarily controlled by the soul. In India, the Buddha would teach contempt for physical appearance by reminding his disciples of the fate of a body (even the most beautiful one).

During the Renaissance era, the body was not considered a holistic system anymore: it became an object of scientific investigation, mauled -among others- by Leonardo Da Vinci and Vesalius, the latter releasing a famous set of anatomical illustrations titled *De humani corporis fabrica*. Montaigne explored the human body from his own perspective in great detail in *Essays*. Later, a terrified Blaise Pascal wrote in *Thoughts*: "*[A man] observing himself sustained in the body given him by nature between those two abysses of the Infinite and Nothing, will tremble at the sight of these marvels; and I think that, as his curiosity changes into admiration, he will be more disposed to contemplate them in silence than to examine them with presumption.*"

Today, in the era of escalating transhumanism and seductive virtual realities, the concept of corporeality remains as pertinent as ever. As the boundaries between humans and technology are beginning to blur, we must continue to cultivate a contemplative outlook towards our bodily existence the way our forebears did. Any meaning we assign to it must arise from within our true selves, idle distractions notwithstanding.

When building this exhibition, I used the holistic approach to investigate the space just as the ancients investigated the body, scratching its surface to figure out whether it could be the foundations for a church or the stomach of a beast. "*Just as one calls 'hut' the circumscribed space which comes to be by means of wood and rushes, reeds, and clay, even so we call 'body' the circumscribed space that comes to be by means of bones and sinews, flesh and skin*", says Nyanatiloka Mahathera. By contemplating how we inhabit ourselves, we can learn to inhabit the space that surrounds us.

Am I producing art? Am I even qualified to answer that? In the traditional sense of the term, art is doing well what you must do. Yet my anatomy plates are deliberately wrong. The photographs are forgeries. My paintings, as paintings often do, only find their course during their making. The more I do, the less I know. It is as if by combining anatomy and philosophy, two coinciding opposites, a third way emerges – or perhaps it has always been there?

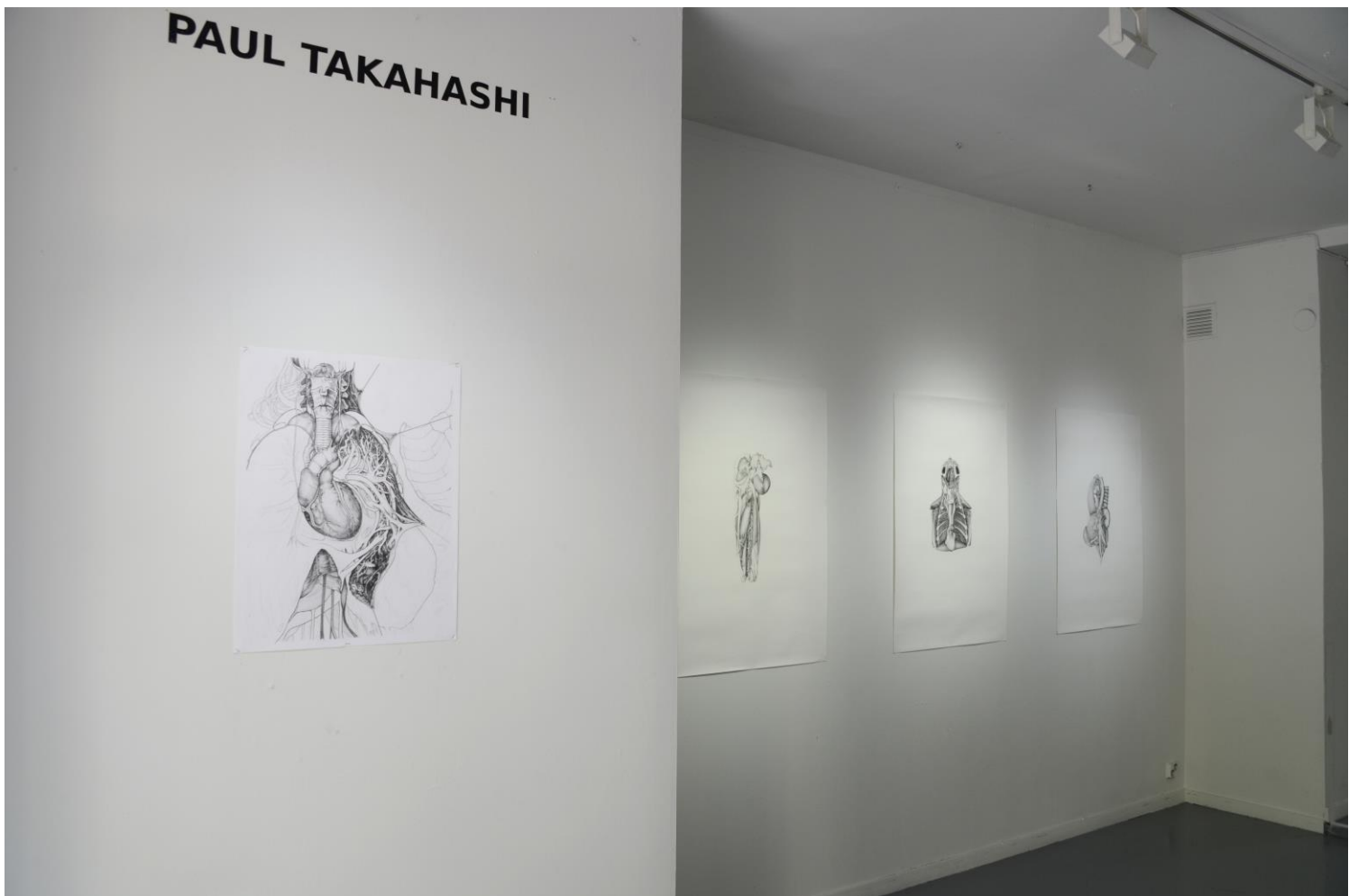
"Man is only man at the surface. Remove his skin, dissect, and immediately you come to machinery. Then you lose yourself in an inexplicable substance, something alien to everything you know, which is nonetheless the essential." - *Paul Valéry*

"Form does not differ from the void, and the void does not differ from form. Form is void and void is form; the same is true for feelings, perceptions, volitions and consciousness." - *The Heart Sutra*



View from the entrance

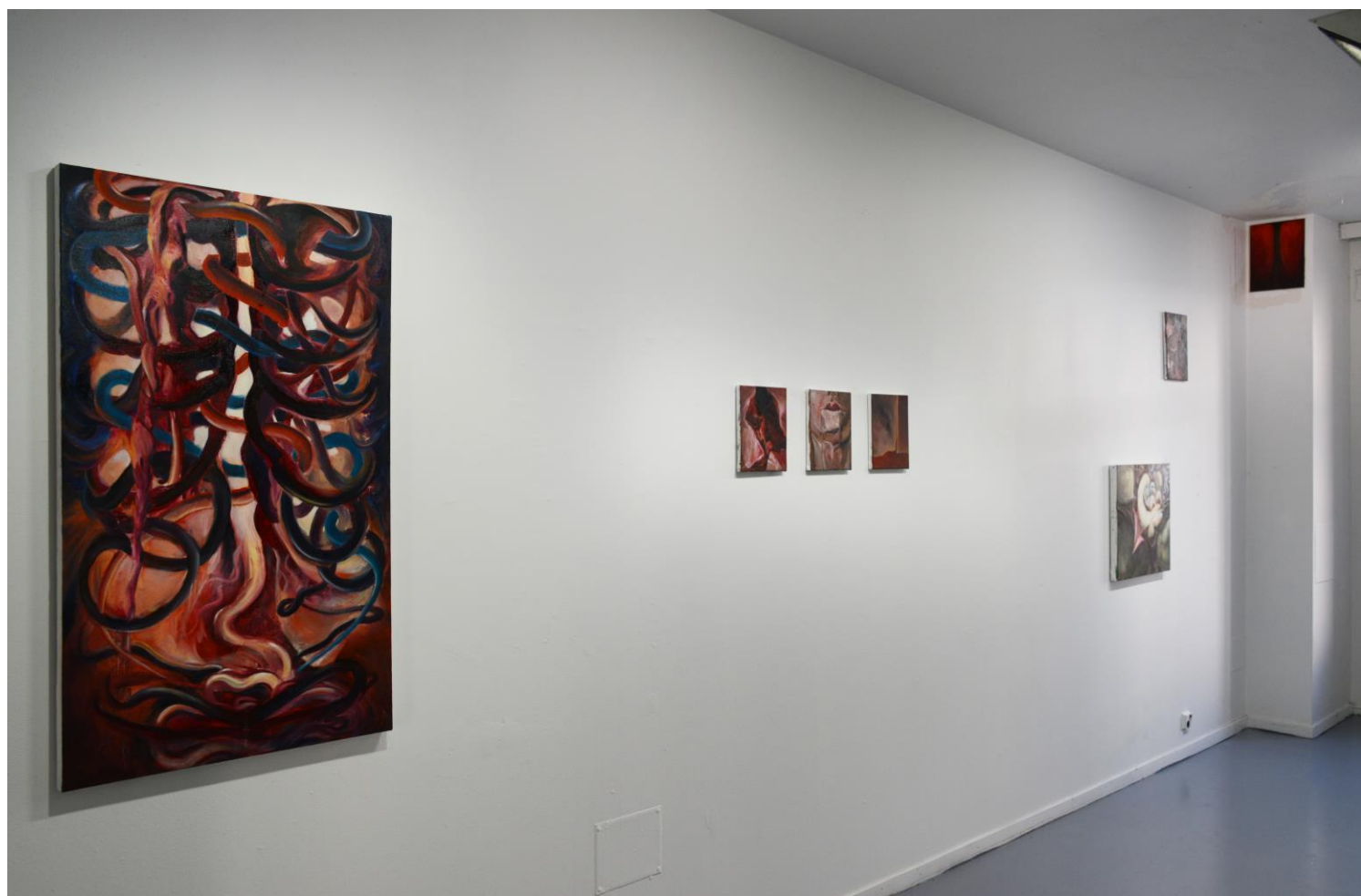
Corridor, left side





‘Three Studies for a mock anatomy plate’ *triptych*

Back of the corridor, left side





Back of the corridor, right side

Back room, main view

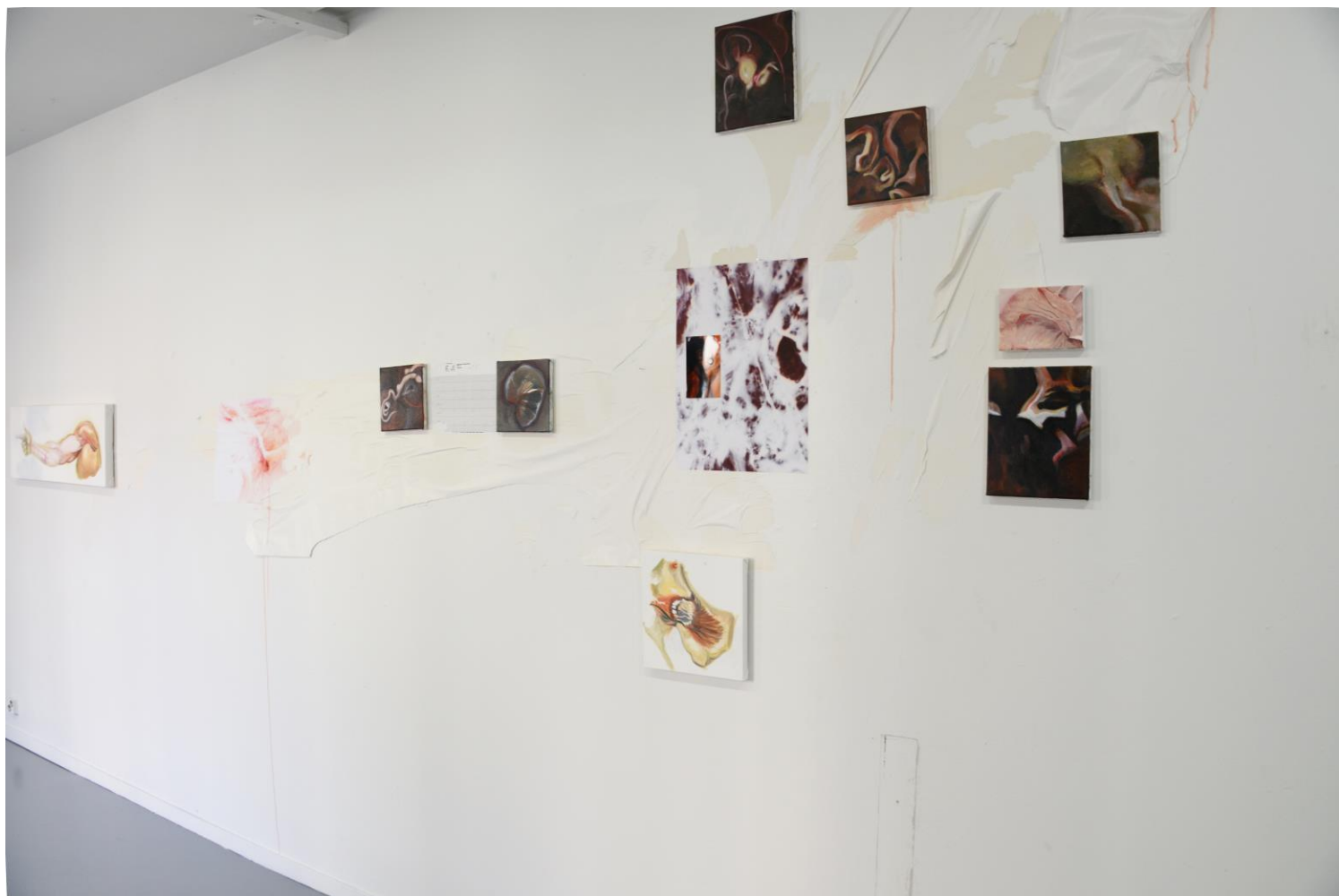




Back room, left side

Back room, right side





Back room, right side (continuation)

Right side, wall and ceiling (detail)





Back wall

Back room, viewed from the back wall





Back room ceiling artwork 'Divisions'



'Xyphoid Process' inside the darkroom

Improvisation dance group Lihaa Tilassa performing in the space, 28/06/15

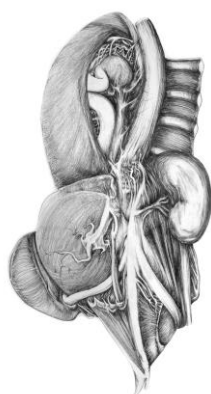


PAUL TAKAHASHI

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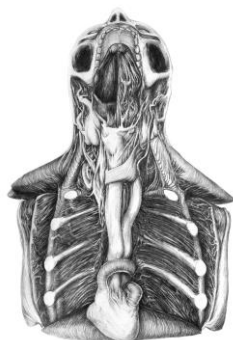
Project Room, 12/06/2015 – 28/06/2015

Work Catalogue



Three Studies For A Mock Anatomy Plate (Plate 1) 2008

Carbon pencil on paper, 75 x 110 cm – 550 €



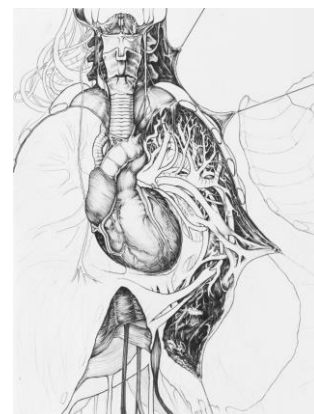
Three Studies For A Mock Anatomy Plate (Plate 2) 2008

Carbon pencil on paper, 75 x 110 cm – 550 €



Three Studies For A Mock Anatomy Plate (Plate 3) 2008

Carbon pencil on paper, 75 x 110 cm – 550 €



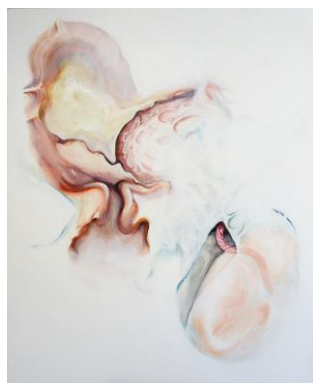
Lost Routine 2013

Carbon pencil on paper, 50 x 65cm – 600 €



Summer Sutures 2012

Carbon pencil on paper, 70 x 37 cm 1400 € (framed)



In Between 2015

Oil on canvas, 130 x 160 cm 1500 €



Barely 2014

Oil on canvas, 30 x 40 cm 350 €



So Inside 2015

Oil on canvas, 60 x 55 cm 650€



Sulfur Not
2015

*Oil on canvas,
65 x 100 cm
850 €*



Icon
2014

*Oil on canvas,
29,7 x 40 cm
200 €*



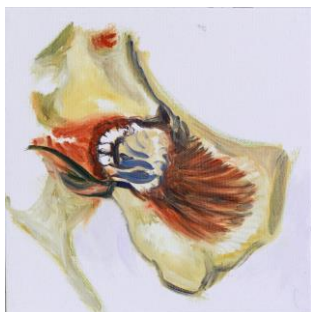
**Inside Of Me
There Is Only You**
2015

*Oil on canvas,
160 x 220 cm
1500 €*



**Inside Of You
There Is Only Me**
2015

*Oil on canvas,
90 x 113 cm
850 €*



Hip
2015

*Oil on canvas,
30 x 30 cm
200 €*



Xiphoid Process
2015

*Oil on canvas,
35 x 40 cm
350 €*



Foot
2014

*Oil on canvas,
100 x 160 cm
550 €*



Infans
2014

*Oil on canvas,
50 x 80 cm
750 €*



Hand series (holding)
2014

*Oil on canvas,
30 x 40 cm
350 €*



Hand series (#1)
2014

*Oil on canvas, 13 x
17,8 cm
120 €*



Hand series (#2)
2014

*Oil on canvas, 13 x
17,8 cm
120 €*



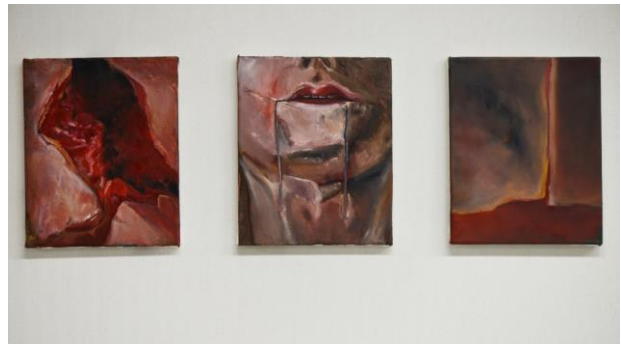
Hand series (#3)
2014

*Oil on canvas, 13 x
17,8 cm
120 €*



**Where I End
And You Begin**
2015

*Oil on canvas,
35,2 x 105,5 cm
450 €*



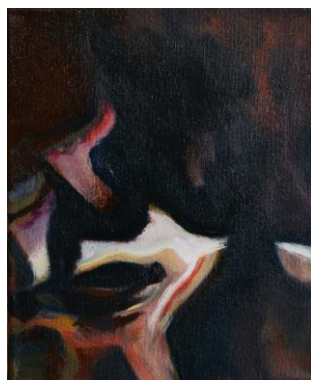
**Pry Open My Mouth
With The Red Knife Of
Heaven** 2014-2015

*Oil on canvas,
22 x 27 cm each
550 € (triptych)*



Carcass
2014

*Oil on canvas,
27 x 35 cm
350 €*



Drift series #6
2014-2015

*Oil on canvas,
22 x 27 cm
150 €*



Drift series #5
2014-2015

*Oil on canvas,
22 x 27 cm
150 €*



Drift series #9
2014-2015

*Oil on canvas,
22 x 27 cm
150 €*



Drift series #1
2014-2015

*Oil on canvas,
20 x 20 cm
120 €*



Drift series #2
2014-2015

*Oil on canvas,
20 x 20 cm
120 €*



Drift series #3
2014-2015

*Oil on canvas,
20 x 20 cm
120 €*



Drift series #4
2014-2015

*Oil on canvas,
20 x 20 cm
120 €*



Drift series #7
2014-2015

*Oil on canvas,
20 x 20 cm
120 €*



Drift series #8
2014-2015

*Oil on canvas,
20 x 20 cm
120 €*



Drift series #10
2014-2015

*Oil on canvas,
20 x 20 cm
120 €*



Hand series (reaching)
2014

*Oil on canvas,
20 x 20 cm
120 €*



Divisions
2014

*Oil on canvas,
160 x 220 cm
1100 €*

The **photographs**
can also be
purchased as prints.

For other works,
Ask me directly or by
mail or phone:

paultakahashi @ gmail.com

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